



EXECUTIVE HEALTH SCREENING Frequently Ask Questions

Thank you for choosing Prince Court Medical Centre as your preferred health screening provider. Below are the FAQs for your easy reference;

1. On the day of my health screening, where do I need to go for my registration?

Please proceed to Executive Health Screening Centre at Level 1-C. (You may seek direction from our Customer Relations Officer/Staff if needed, located at our main lobby.)

2. Do I have to fast before my screening? If so, how long?

Yes. Please ensure you fast from 12 midnight or at least 8 hours before your health screening. It is also advised to refrain from alcohol and cigarettes intake for at least 8 hours before your screening as it may affect your test results

You are allowed to drink plain water in the morning of your screening day if needed.

3. Can I take my regular medications before my blood test?

It is advised to postpone taking any morning medication routine (except anti-hypertensive drugs) unless advised by your physician, until after the blood test.

If you need to take medications after meal, do bring them together as you may take them after you have your breakfast at our Centre.

4. What should I wear on the day of my screening?

It is advisable to wear comfortable clothing as you will be walking around for your various screening.

If you are doing the Stress test, it is advisable to dress in sports attire and running shoes.

5. When will my Report be ready?

Report will be ready on the same day if the health screening is conducted on weekdays (i.e.: Monday - Friday). However, for Saturday appointments, the reports will only be available from Tuesday onwards as our Clinic is only open for half day on Saturdays. Reviewing of the results with the Doctor can be arranged to another date.

6. For ladies :

It's not recommended to plan your Pap smear appointment during your period (menses). The preferred time to get a Pap smear is 10 to 20 days after the start of your period.

If you are having your period (menses) on the day of your health screening, kindly inform our nurse at the screening centre and to schedule your Pap smear and urine tests to another date.

If you are doing a Mammogram, kindly refrain from wearing any deodorant, perfume, powder or cream under your arms or chest area as it may interfere with the quality of the mammogram.

If you are pregnant or think you may be pregnant, kindly inform our EH nurse when you register as we will exclude the following tests – X-rays, Mammogram and DEXA examinations.

7. **If you have any pre-existing medical conditions or are worried about any medical issue, please bring your (if any) previous test results or radiological investigations to show our Doctor as they will be more than happy to go through them with you.**

8. ***If you are going for an Ultrasound of the Abdomen and Pelvis, you will be required to have a fairly full bladder therefore it is advisable that you try to avoid urinating about an hour prior to your examination. If you have done so then you will be asked to drink a few glasses of water prior to your Ultrasound.***

9. **How long will the screening last?**
Please give yourself one day for your screening as all the tests will be completed within 2-3 hours in the morning (depending on the Package taken). The Doctor will then go through all the test results with you in the afternoon. It is at during this review session that you will be able to discuss in detail with the Doctor.

10. **What if the Doctor sees something abnormal in my test results?**
*If your Doctor sees an abnormal result which needs immediate attention, they will refer you to the relevant Specialist at PCMC. Should you prefer to see your own Specialist, you may inform the Doctor. **(Please be informed that the charges at the specialist's clinic is not part of the health screening packages).***

11. **What are the days that I can make an appointment?**
Our Health Screening Centre is open from Monday to Friday, 8am to 4pm, and Saturdays from 8am to 1pm. We are closed on Sundays & Public Holidays.

12. **Do you provide any discount for parking?**
*Yes, we have a flat rate of **RM15**. Kindly ensure you present your parking ticket at the time of your registration. (Applicable for basement parking only)*

13. **Do you provide any refreshments?**
*Yes, we provide a **RM20** meal voucher for you to use at either Tarik Café or Galleria. We also provide complimentary cookies, fruits, coffee and tea at the Centre.*

If you have any enquiries, please do not hesitate to call or email us at:

603-2160 0888 / executivehealth@princecourt.com